








Barrett Senior Friendly Community Center *Route 191 Mountainhome, PA (570) 481-4330
November Activities 2024 Calendar Open Monday, Wednesday & Friday 9-2 **Subject to Changes**



Monday

Wednesday

Friday

		<p>1 9:00 Coffee & Tea 10-12 Swallow Study/ESU Students & Professor/11:30 Lunch</p>
<p>4 9:00 Coffee & Tea 10:00 Self Care with Rachel Wydra 11:30 ~ Lunch Hour</p>	 <p>6 9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour</p>	 <p>8 9:00 Coffee & Tea 10:00 B-i-n-g-o 11:30 Lunch Hour</p>
<p>11 Senior Center Closed</p> 	<p>13 9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour</p>	<p>15 9:00 Coffee & Tea 10:00 B-i-n-g-o 11:30 Lunch Hour</p>
<p>18 9:00 Coffee & Tea 10:00 Craft & Table Games 11:30 Lunch Hour</p>	 <p>20 9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 ~ Lunch Hour</p>	<p>All Center Meet At Chestnuthill</p> <p>22 9:00 Coffee & Tea 11:30 Lunch Hour</p> 
<p>25 9:00 Coffee & Tea 10:30 Craft & Table Games 11:30 Lunch Hour</p>	<p>27 9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour</p>	<p>29 Senior Center Close</p> 