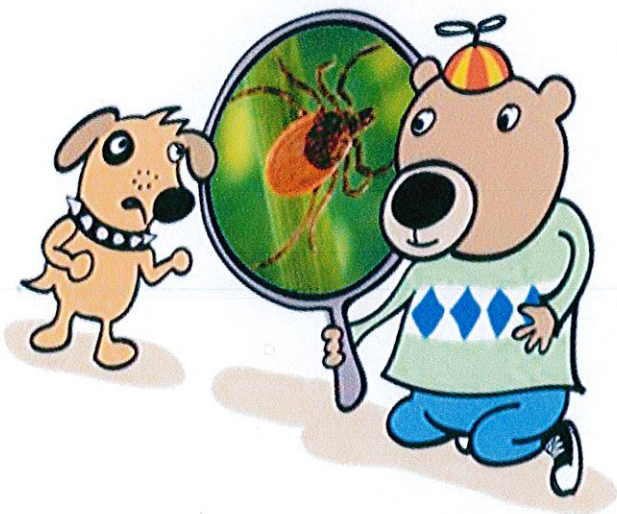


Don't Let the Ticks Bite!

Word Search

BITE
 BLOOD
 LARVA
 NYMPH
 ADULT
 CHECK
 REMOVE
 SPRAY
 TWEEZERS
 SICK
 TRAILS

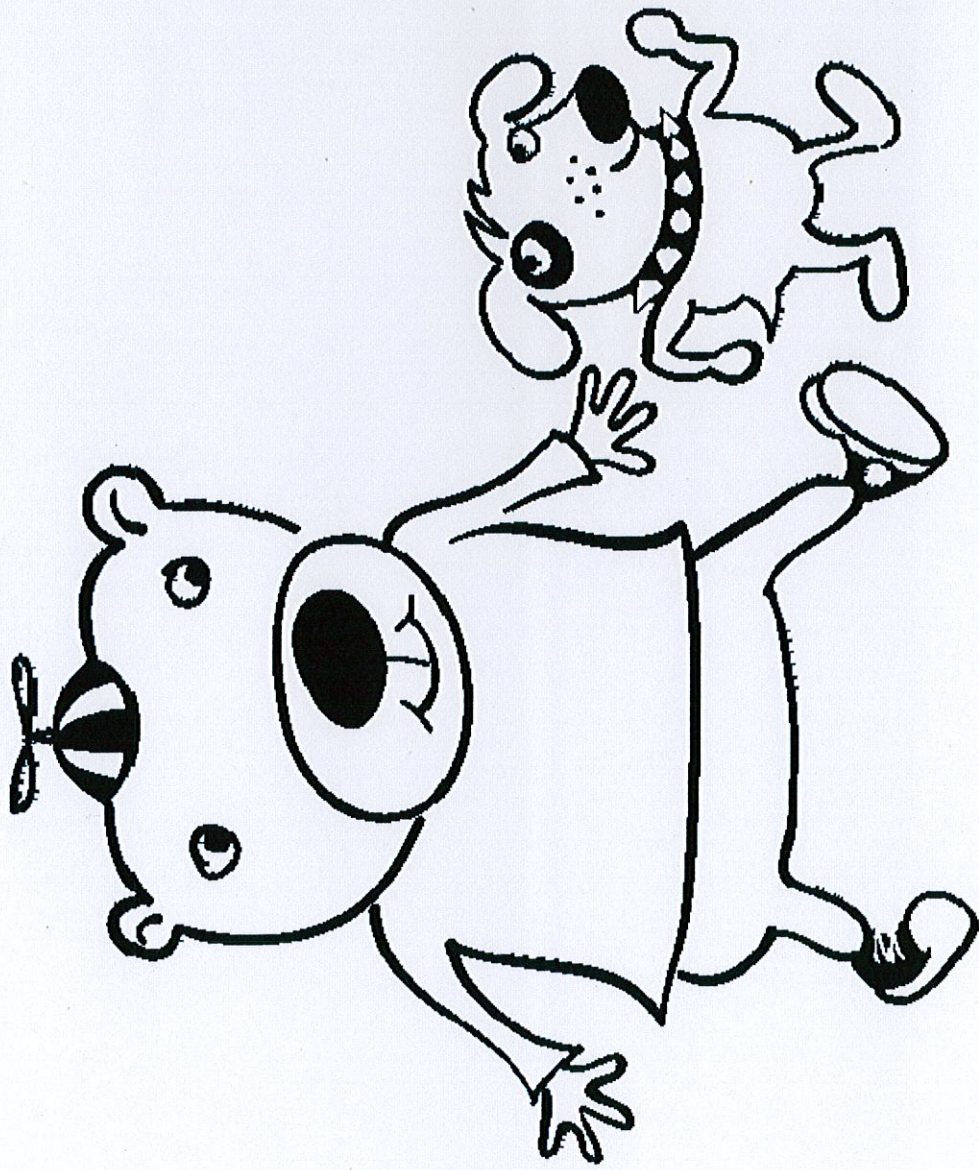
U S D T D P N B U H
 A P A W S O I Y P G
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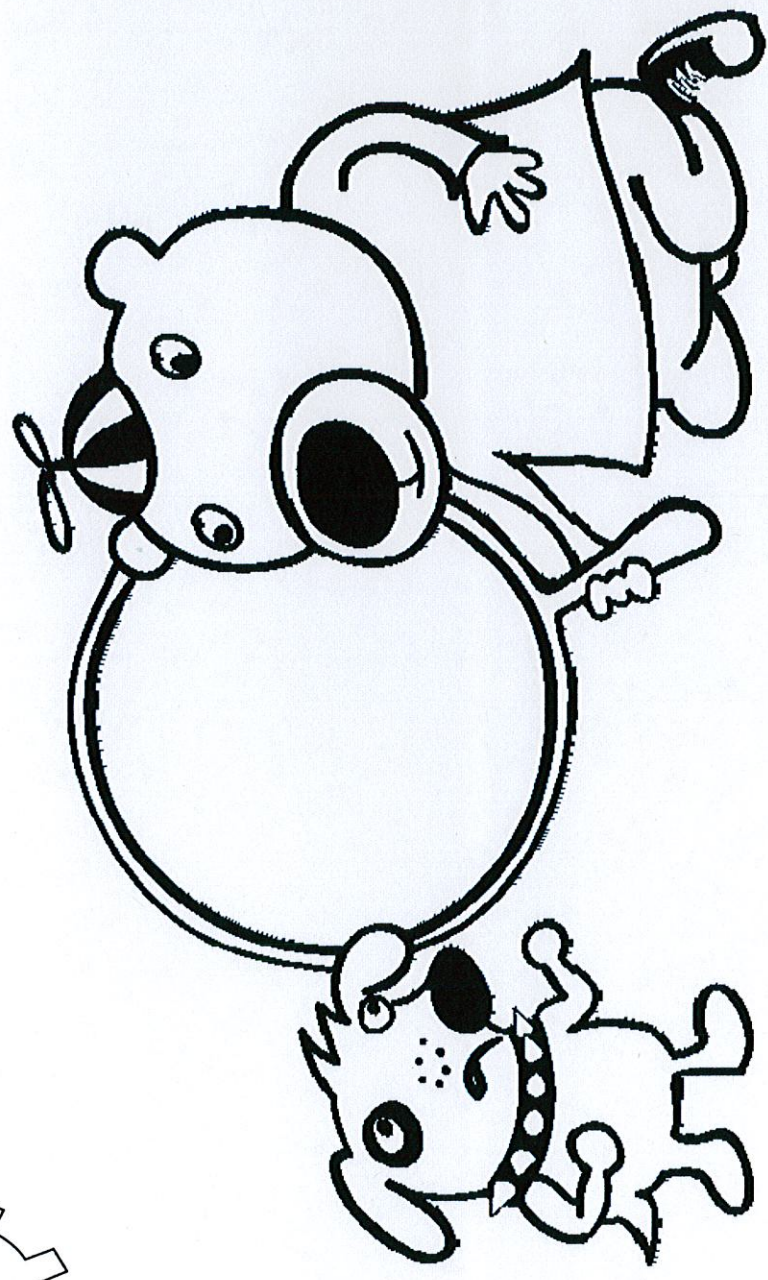
California Department of Public Health
 Vector-Borne Disease Section

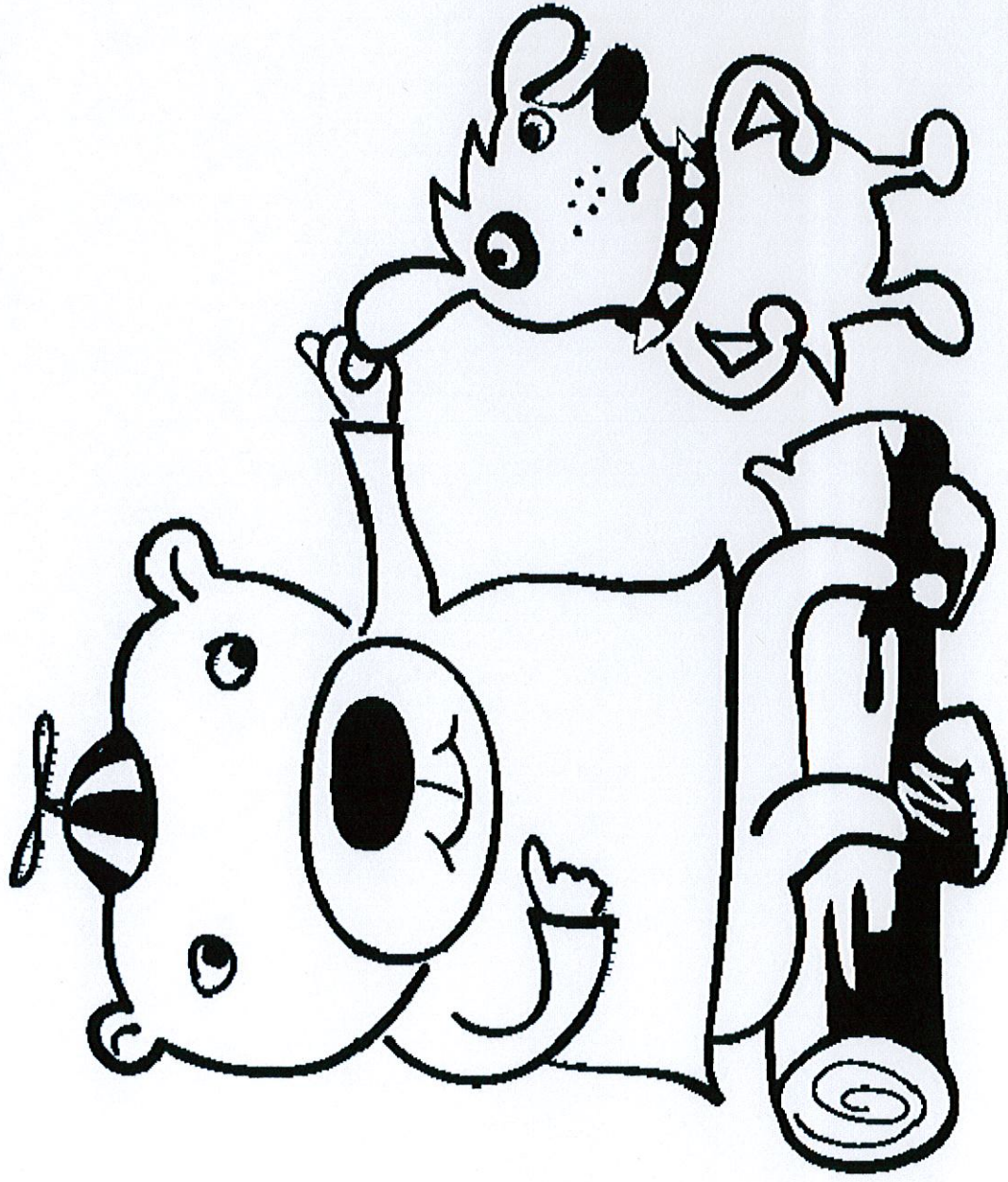


Timothy Tickfinder and his dog Bullseye



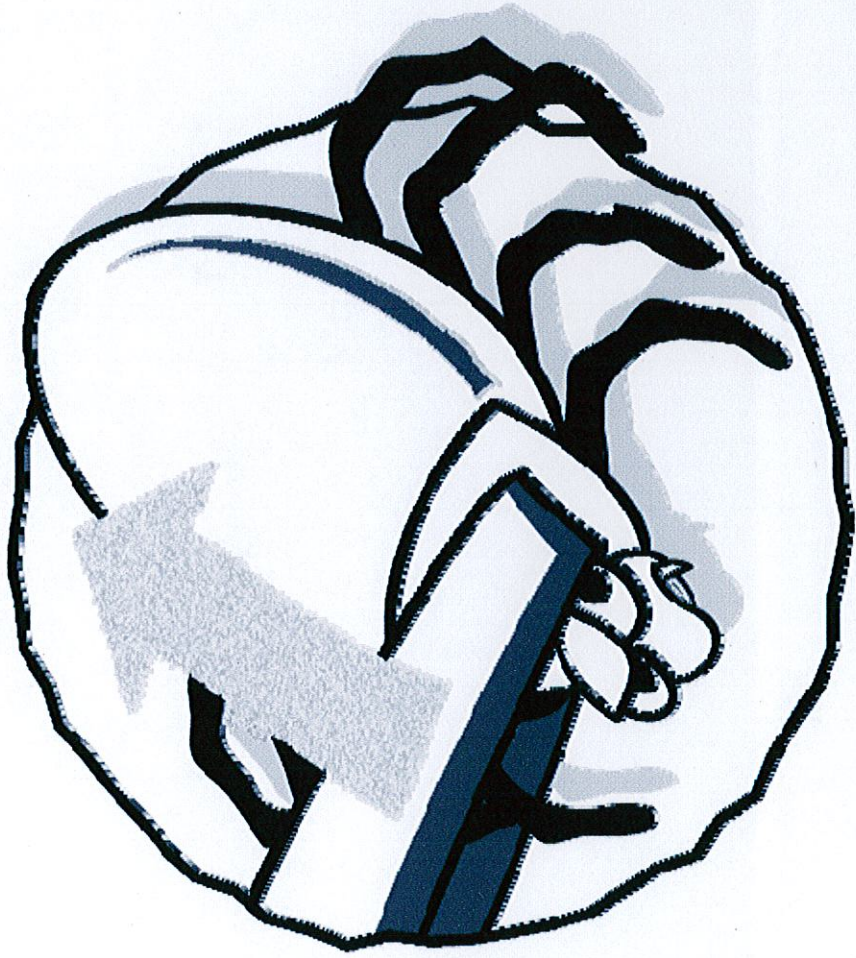
Check for ticks!



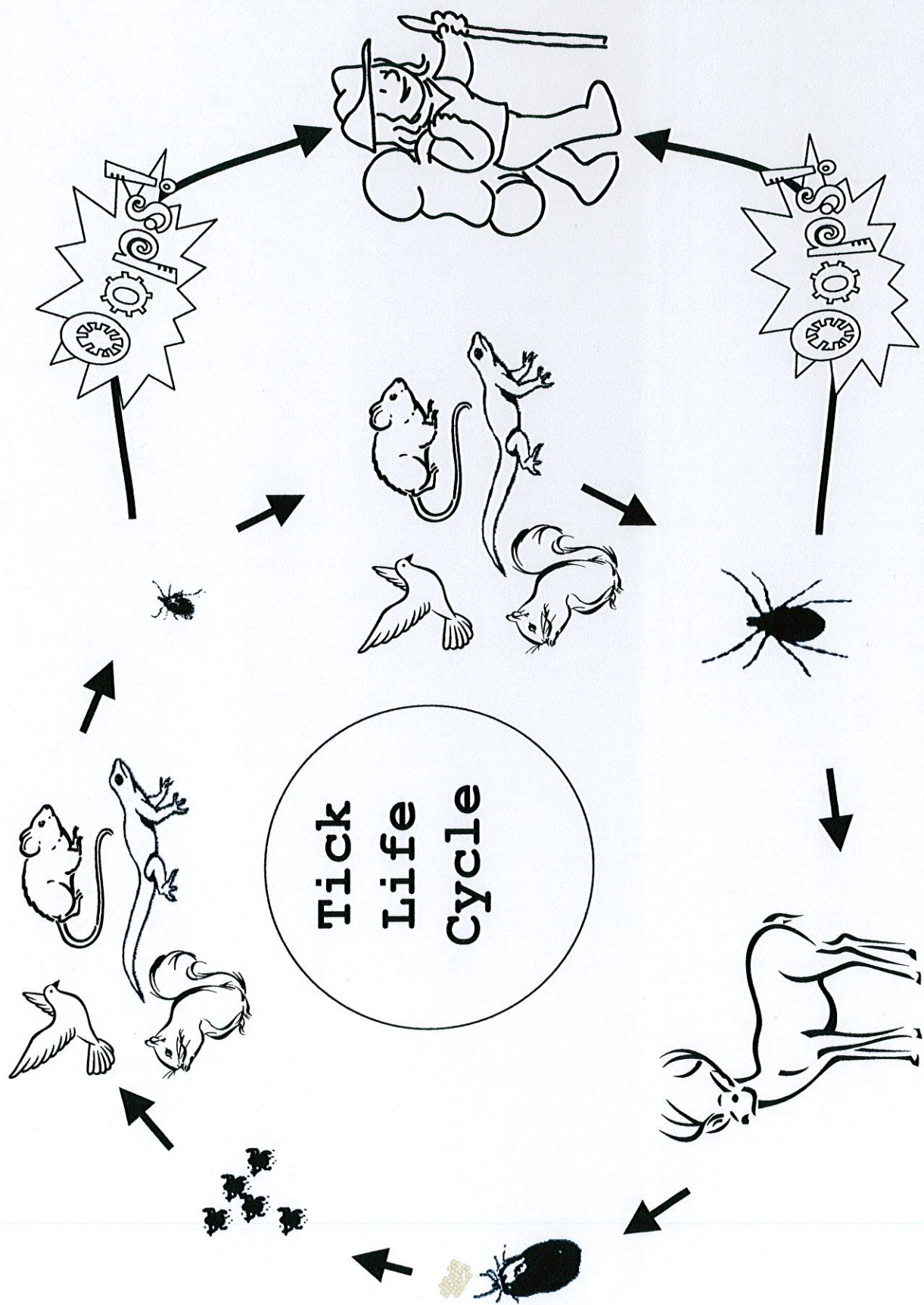


Timothy checks himself, Bullseye and other members of his family for ticks regularly.

How to remove a tick

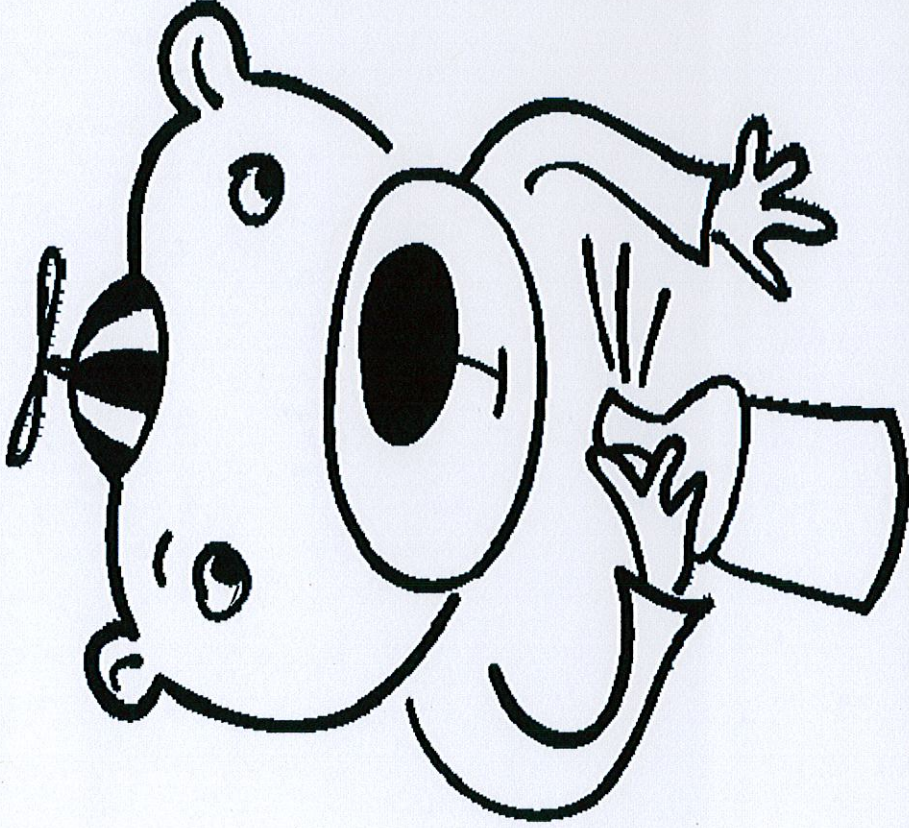


1. Grab the tick close to your skin with the tweezers or a tissue and pull straight out.
2. Wash where the tick bit you.
3. Wash your hands.
4. If you get sick after a tick bite you should go to the doctor.



Sometimes nymphs and adult ticks accidentally bite a person instead of an animal.

Timothy is sure to follow these tips to avoid getting bitten by ticks



- ✓ Wear bug spray.
- ✓ Wear light-colored clothes because it is easier to see ticks on them.
- ✓ Wear long pants and a long-sleeved shirt.
- ✓ Tuck your pants into your socks or boots and tuck in your shirt.
- ✓ Stay on trails.