



May 2025 Activities Calendar \*\*Subject to Changes\*\*

Tuesday

Thursday

Friday

The Mountain Senior Center is open Tuesday, Thursday, & Friday from 9AM until 2PM (unless noted otherwise)...

Lunch ~ Social Time ~ Card Games ~ Wii Bowling Wellness Programs ~ Crafts ~ B-I-N-G-O! Come join the fun!

For all activities you must Sign up as a participant of one of our centers.



1

9:30 Coffee & Tea 10:30 Riddles Time 11:30 Lunch Hour

2

9:30 Coffee & Tea 11:30 Lunch Hour 12:30 BINGO!

6

9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 BINGO!

8

9:30 Coffee & Tea 10:30 Table Games or Craft 11:30 Lunch Hour

9

All Centers Meet at Loder Center 9:30 Coffee & Tea 10:30 Mothers Day Hand Massage 11:30 Lunch Hour 12:00 Bingo Prize for Mothers

13

9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 BINGO!

15

9:30 Coffee & Tea 10:00 Blood Pressure Screening With Rachel Wydra 11:30 Lunch Hour

16

All Centers Meet at Loder Center 9:30 Coffee & Tea 11:30 Lunch Hour 12:00 BINGO! 2p.m. Shawnee Playhouse

20

9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 BINGO!

22

9:30 Coffee & Tea 10:30 Craft or Table Games 11:30 Lunch Hour

23

9:30 Coffee & Tea 11:30 Lunch Hour 12:30 BINGO!

27

9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 BINGO!

29

9:30 Coffee & Tea 10:30 Craft or Table Games 11:30 Lunch Hour

30

9:00 Coffee & Tea 11:30 Lunch Hour 12:30 BINGO!

If the Pocono Mountain School District is CLOSED due to inclement weather, the Mountain Senior Center is CLOSED, as well.

