



Mountain Senior Center / 570.894.3272 Ext. 134 or 570.420.3735

January 2025 Activities Calendar



Tuesday

Thursday

Friday

**HAPPY
NEW YEAR**

The Mountain Senior Center is open
Tuesday, Thursday, & Friday
from 9AM until 2PM
(unless noted otherwise)...

Lunch ~ Social Time ~ Card Games
~ Wii Bowling Wellness Programs ~
Crafts ~ B-I-N-G-O!
Come join the fun!

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9:30 Coffee & Tea
10:30 Craft or Table Games
11:30 Lunch Hour

3

9:30 Coffee & Tea
11:30 Lunch Hour
12:30 BINGO!

7

9:00 Coffee & Tea
10:00 YMCA Exercise Class
11:30 Lunch Hour
12:30 BINGO!

9

9:30 Coffee & Tea
10:30 Current Events
Discussions
11:30 Lunch Hour

10

9:30 Coffee & Tea
11:30 Lunch Hour
12:30 BINGO!

14

9:00 Coffee & Tea
10:00 YMCA Exercise Class
11:30 Lunch Hour
12:30 BINGO!

16

9:30 Coffee & Tea
10:30 Craft or Table Games
11:30 Lunch Hour

17

9:30 Coffee & Tea
11:30 Lunch Hour
12:30 BINGO!

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9:00 Coffee & Tea
10:00 YMCA Exercise Class
11:30 Lunch Hour
12:30 BINGO!

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9:30 Coffee & Tea
10:00 Blood Pressure Screening
11:30 Lunch Hour

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Movie Day At StroudsMall (TBD)
9:30 Coffee & Tea
11:30 Lunch Hour
12:30 BINGO!

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9:00 Coffee & Tea
10:00 YMCA Exercise Class
11:30 Lunch Hour
12:30 BINGO!

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9:30 Coffee & Tea
10:30 Current Events
Discussions
11:30 Lunch Hour

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9:30 Coffee & Tea
11:30 Lunch Hour
12:30 BINGO!

If the Pocono Mountain School District is
CLOSED due to inclement weather, the
Mountain Senior Center is CLOSED,
as well.

