

Monroe County Seniors' Express Times

Monroe County PA Area Agency on Aging

724 Phillips Street, Suite 102, Stroudsburg, PA 18360

(570) 420-3735

monroeaging@monroecountypa.gov



Volume XVIII Issue VI

June 2026

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The Aging Office and all Senior Centers will be closed on Friday, 6/19 for Juneteenth and Friday, 7/3 for Independence Day.

Visit our website:



www.monroecountypa.gov/departments/area-agency-on-aging

Follow us on Facebook:



www.facebook.com/MCPAAAA

2026 Senior Farmers Market Nutrition Program

The Senior Farmers Market Nutrition Program (SFMNP), made possible through the PA Dept. of Agriculture's Bureau of Food Assistance, is being offered this year in Monroe County, encouraging older adults to eat fresh, locally-grown produce.

SFMNP provides **\$25.00 in vouchers** to eligible seniors to be redeemed at farmers markets throughout the county. This amount is determined by the PA Dept. of Agriculture, NOT the Monroe County Aging Office.

The program will be implemented in-person again, and **we will not accept mailed applications**. The Aging Office will begin accepting applications on **Monday, June 8th** at various community sites throughout the county.

Vouchers will not be mailed and must be picked up in-person at one of the community sites – no exceptions.

The vouchers can be redeemed at Monroe County farmers markets **through November 30th**. A list of farmers markets will be provided at the distribution sites.

Seniors **residing in Monroe County** who are **60 years of age or older** (or turn 60 by 12/31/2026) and who have a **gross income at or below \$29,526 for a single individual and \$40,034 for a married couple** are eligible to participate. Eligible seniors must provide **proof of age and residency** (driver's license, photo ID, etc.) and a completed application (see page 3).

If an eligible senior is unable to enroll in-person, a representative can pick up their vouchers if they have a signed and completed proxy form (see page 5) *instead of* an application.

Individuals may only receive vouchers once per season. The vouchers will be given on a first-come, first-serve basis.

Continued on Page 2

Write to the editor at:

**Monroe County Area Agency on Aging, Attn: Alexandra
724 Phillips Street, Suite 102
Stroudsburg, PA 18360**

OR abender@monroecountypa.gov

Both applicants and representatives: expect to wait once you arrive at the site. This is a very popular program, and we are expecting a big turnout.

Eligible seniors (or their proxy) can pick up their vouchers on the following dates and times:

Date	Community Site	Time
6/8	Mountain Community Center 354 Memorial Boulevard in Tobyhanna (use main entrance)	9am-12pm
6/9	Chestnuthill Senior Center 1919 Route 209 in Brodheadsville	9am-12pm
6/10	Loder Senior Center 62 Analomink Street in East Stroudsburg 18301	9am-12pm
6/11	Knob Crest Apartments*	9am- 10:30am
6/11	Belmont Knoll Apartments*	11am- 12:30pm
6/12	Shirley Futch Plaza*	1pm-3pm
6/15	Whitestone Commons*	1pm-3pm
6/16	Westgate Apartments*	9am-11am
6/16	Avon Court*	1pm-3pm
6/17	Wisteria Commons*	9am-11am
6/17	Hamilton Manor*	1pm-3pm
6/18	Middle Smithfield Comm. Center 5200 Milford Road in East Stroudsburg 18302	9am-12pm

****Building residents only***

From June 24th through September 30th, vouchers will be distributed on Wednesdays only from 11am to 2pm at the Loder Center (2nd floor), 62 Analomink Street in East Stroudsburg.

For more information, please contact the Monroe County Area Agency on Aging at (570) 420-3735.

The application is on Page 3, and the proxy form is on Page 5.

2026 Women's Expo

Hosted by State Representatives Maureen Madden and Tarah Probst and their staff, the Women's Expo offers information on state and county services and programs, as well as assistance with any government-related problems you may have. There will also be a mobile mammography coach from LVHN, door prizes, and light refreshments!

When: Saturday, June 20th, 10am-1pm

Where: Stroudsburg High School Cafeteria, 1100 West Main Street in Stroudsburg



Assistance for Veterans

PA State Representative Jack Rader's office hosts an American Legion service officer once a month who meets with veterans and their dependents by appointment only to discuss benefits and file claims. Veterans do not need to be a member of the American Legion to take advantage of this free service. Please call **(570) 643-7683** to schedule an appointment.

Where:

Office of State Rep. Jack Rader
Blakeslee Medical Prof. Complex
395 Route 940, Suite 104
Blakeslee, PA 18610

When: Fourth Tuesday of each month; appointments are required

DO NOT MAIL - BRING TO COMMUNITY SITE (SEE PAGE 1)

For office use only
Application _____

**COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF AGRICULTURE
SENIOR FARMERS' MARKET NUTRITION PROGRAM**

2026 APPLICATION FORM

To qualify, you must be 60 or older (or turn 60 by 12/31/2026) and meet the household income guidelines.

RIGHTS AND RESPONSIBILITIES

I certify that the information I have provided for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law. Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP. By signing this, I acknowledge that my total household income is within the Income guidelines: **\$29,526** for 1 person in the household; or **\$40,034** for 2 people in the household and that I am 60 years old or older (or will turn 60 by 12/31/2026).

1st Participant Name (print): _____ **Birth Date** _____
(Person checks are for)

(Signature)

2nd Participant Name (print): _____ **Birth Date** _____
(Person checks are for)

(Signature)

Address (print): _____
(Street) (City) (State) (Zip Code)

Telephone Number: _____ **County of residence:** _____

I will/have watched the "My Plate for Older Adults" video prior to redeeming my SFMNP vouchers.

Please circle appropriate identifier for each:

Ethnicity: Hispanic or Latino Not Hispanic or Latino
Race: American Indian or Alaskan Native Asian Black or African American
Native Hawaiian or other Pacific Islander White

Check Range: _____ **(Office Use Only)**

Please see back for USDA Nondiscrimination Statement

DO NOT MAIL - BRING TO COMMUNITY SITE (SEE PAGE 1)

**COMMONWEALTH OF PENNSYLVANIA DEPARTMENT OF AGRICULTURE
SENIOR FARMERS MARKET NUTRITION PROGRAM
USDA Nondiscrimination Statement**

In accordance with federal civil rights law and USDA civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
2. **Fax:** (202) 690-7442; or
3. **Email:** program.intake@usda.gov

USDA is an equal opportunity provider, employer, and lender.

2025 Property Tax/Rent Rebate Program

Homeowners, renters, and some residents of personal care / nursing homes may be eligible for a rebate of up to \$1,000 on their paid taxes or rent. Applicants must be 65 or older, widows/widowers 50 or older, or 18 or older with a disability. The money issued is based on the applicant's annual income, which must have been \$48,110 or less in 2025:

Income	Maximum Rebate
\$0 - \$8,550	\$1,000
\$8,551 - \$16,040	\$770
\$16,041 - \$19,240	\$460
\$19,241 - \$48,110	\$380

NOTE: Only half of your Social Security income is included in calculations.

The application deadline is June 30, 2026.

You can apply online on pa.gov, or you can request an application to be sent to you by calling or emailing the Aging Office:

(570) 420-3735

monroeaging@monroecountypa.gov

Sudoku Puzzle

The goal of sudoku is to fill in a 9x9 grid with numbers 1-9 so that each column, row, and 3x3 square contain numbers 1 through 9. Some squares are filled in. Using logic, fill in the missing digits and complete the grid.

	2		3	1	4		9	7
				7		5		3
	7			5				
9					6			
5	8			2			4	9
			9					6
				8			3	
8		9		6				
3	4		1	9	5		6	

Solution on Page 12

COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF AGRICULTURE
SENIOR FARMERS' MARKET NUTRITION PROGRAM

2026 ELIGIBILITY & PROXY FORM

RIGHTS AND RESPONSIBILITIES

I have been advised of my rights and obligations under the SFMNP. I certify that the information I have provided for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law.

Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP.

Participant Name (print): _____ **Birth Date** _____
(Person checks are for)

Address: _____

Telephone Number: _____

Please check the box of the most appropriate identifier for each:

- Ethnicity:** Ethnicity Hispanic or Latino Not Hispanic or Latino
- Race:** American Indian or Alaskan Native Asian Black or African American
 Native Hawaiian or other Pacific Islander White

By signing this proxy for I acknowledge that my total household income is within the Income guidelines: **\$29,526** for 1 person in the household; or **\$40,034** for 2 people in the household and that I am 60 years old or older.

Participant's Signature _____ (Person checks are for)

Proxy Name (print): _____
(Person picking up the checks for participant)

Proxy's Signature _____

Address: _____

Telephone Number: _____

Check Numbers Received: _____

DO NOT MAIL - BRING TO COMMUNITY SITE (SEE PAGE 1)

The Senior Spelling Bee is Back!

On Wednesday, April 22, 2026, the Monroe County Area Agency on Aging and the Eastern Monroe Public Library hosted the 15th Annual Monroe County Senior Spelling Bee, the first since 2019! The event was held at the Hughes Library in Stroudsburg, and it was a big success.

Twenty-eight Monroe County residents competed in this year's spelling bee. Competitors were called to a podium and asked to spell a word by the Pronouncer, Daniel Cashman, in front of three judges.

After twenty rounds, David Copeland emerged as the first-place winner. For the second-place spot, two contestants returned to the fray for a tiebreaker: B. Nicholas Barthold and Margaret Bartolacci. They took turns until, after many more rounds, Margaret won.



Left to right: Daniel Cashman, Sharon Laverdure, Margaret Bartolacci, David Copeland, Patty Fretz, and Peggy Howarth

This was Margaret's first time participating in the Senior Spelling Bee, but she says she would do it again! She decided to sign up out of curiosity and because she was looking for a challenge in her retirement. To prepare, she studied the top twenty hardest spelling bee words. Margaret is a retired math teacher who has always striven to be well-rounded.

David Copeland is a seasoned spelling bee champion: he came in first place in 2018 and second place in 2019! He was happy to hear the event was being brought back and told us how important it is to the community. At each of his turns, David made sure to slow down and consider each word before attempting to answer. His strategy served him well! After the event, David headed to Olive Garden to celebrate his win.

We would like to thank the judges: Sharon Laverdure, Monroe County Commissioner; Patty Fretz, Retired Director of the Monroe County Area Agency on Aging; and Peggy Howarth, Retired Executive Director of the Monroe County Transportation Authority. We would also like to thank the Hughes Library for letting us use their space and equipment, Kit Kuchinski from the Hughes Library, and our Pronouncer, Daniel Cashman, for his time and talent.

We so enjoyed planning and implementing this event and look forward to doing it again!



Community Events in June

Craft Sale & Community Yard Sale

Hosted by Bushkill Fire Co. Auxiliary

When: Saturday, June 6th, 8am-3pm
(Rain date: Sunday, June 7th)

Where: 5180 Milford Rd. in East Stroudsburg
Residents are invited to sell their used items, crafts, and small business products but must bring their own tables/chairs/tents. The Bushkill Fire Co. Auxiliary will be cooking and selling food. For more information, call (570) 588-6033.

Community Yard Sale

Hosted by American Legion Post 514

When: Saturday, June 6th, 9am-3pm
(Rain date: Sunday, June 7th)

Where: 2334 Milford Road in Bushkill
"Come on out and shop, sell, and support our veterans. Fun, food, & raffles!" For more information, call (570) 982-2411.

Barn Dance

Hosted by Quiet Valley Living Historical Farm

When: Friday, June 12th, 5:30pm-8:30pm

Where: 347 Quiet Valley Rd. in Stroudsburg
"Join us for a night of dancing and dinner in an atmosphere of live traditional music and a picturesque setting that will transport you back to a simpler time."

Cost: \$10 (\$12 with picnic box)

Rotary Car Show

Hosted by Rotary of the Pocono Mountains

When: Saturday, June 13th, 9am-2pm

Where: BARC (1200 Route 390 in Cresco)

"Come on out for a laid-back day surrounded by stunning vehicles, great people, and local vibes! Free admission, 50/50 raffle, and food trucks."

Juneteenth Freedom Festival

Hosted by the African-American Network & the Sherman Theater

When: Saturday, June 13th, 2pm-6:30pm

Where: Courthouse Square in Stroudsburg
"Celebrate freedom with fun, games, entertainment, vendors, face painting, food, networking, and more."

Flag Day Celebration & Ice Cream Social

Hosted by Barrett Twp. Historical Society

When: Sunday, June 14th, 1pm-4pm

Where: 142 Sand Spring Road in Cresco
"Early American craft demonstrations, games, and more!"

Food Truck Frenzy

Hosted by Pocono Mtn. Harley Davidson

When: Saturday, June 27th, 11am-5pm

Where: 110 Hill Motor Lodge Rd. in Tannersville
"Bring your appetite and join us for a full day packed with incredible food, great vibes, and bikes."

Barrett Paradise Concert in the Park

Hosted by Rotary of the Pocono Mountains

When: Tuesday, June 30th, 4:30pm-8:30pm

Where: BARC (1200 Route 390 in Cresco)

Cost: \$5/person

"Listen to hits performed live while you dine on goodies from some of your favorite local restaurants. Stop and shop with local vendors. Bring your blanket or lawn chair!"

Celebration Fest

Hosted by The West End Fair

When: July 2nd-3rd, 5pm-10pm

July 4th, 2pm-10pm

Where: 570 Fairgrounds Road in Gilbert

Cost: \$10/car

"Come celebrate our country's 250th anniversary! Music, food, races, and more!"



SHARE
SHARED HOUSING AND
RESOURCE EXCHANGE

SHARE Housing is an affordable housing choice that brings together home hosts who want to share their home with home seekers who are looking for housing in exchange for assistance with living expenses, help around the house, or a combination of both. Participants must be at least 18 years of age, and one of the individuals in the match must be over 60. Contact Kelly Foley at (570) 832-0538.

Meet Your Local Area Agency on Aging Team



Claudia Vitiello is a Care Manager III in our Protective Services Unit. She investigates reports of abuse, neglect, exploitation, and abandonment of older adults in Monroe County, and

she is often the first to respond when we receive these reports, conducting unannounced face-to-face visits.

Claudia started her career in social work with Monroe County Children and Youth in 1999. In 2008, she stepped away to earn her Bachelor of Social Work (BSW) at Misericordia University. During this time, she was introduced to the field of aging services, and after receiving her degree, she worked at the Luzerne County Area Agency on Aging for about eight years. In May 2022, Claudia began working for our aging office in Monroe County.

When Claudia is sent to make the initial contact in a new case, she can never be sure what kind of situation she will be walking into. To others, this might seem unnerving or difficult, but she loves her job, especially the opportunities it provides to help new people.

Claudia works hard to figure out if there are solutions or assistance that can be provided right away. She gathers vital information to help our agency resolve problems older adults may be experiencing.

Claudia continues to serve her community in her free time. She is a proud Rotarian and has been a member of the Rotary Club of Mountain Top for almost ten years. Recent projects she has contributed to include building beds for children without beds and a gift card bingo to raise money to feed local children in need.

Claudia is thoughtful and optimistic, both in the office and out on the field. She often goes above and beyond in her commitment to help seniors at risk.

Claudia enjoys spending time with her five sons and five grandchildren. When she is not volunteering with the Rotary, she can often be found at craft shows and festivals with her husband, John, who has a bakery. She likes listening to audiobooks, watching murder mystery shows, and swimming. A fun fact about Claudia: she speaks fluent Italian, having immigrated from Italy as a child.

Claudia



Barrett Senior Center attendees had a wonderful time painting their own coffee mugs and bringing them to life with a beautiful glaze at Poke-A-Nose Pottery!

Join Us



Conni's Cafe



June 18
1 to 3 pm

The Memory Café is a place to meet with others living with Mild Cognitive Impairment (MCI), Alzheimer's or other related dementias and their Care Partner in a relaxed and friendly atmosphere.

St. Paul's Lutheran Church
139 Craigs Meadow Road
East Stroudsburg, Pa 18301
Celebration Hall

It's a place to talk with others and to learn,
"You are not alone."



RSVP: Barbara Van Nortwick
570.236.3380



Community
Foundation
of Monroe
County



Support Groups

Dementia Caregiver

When: Sat., June 27th, 10am-11:30am

Where: Eastern Monroe Public Library
(1002 N. 9th St., 2nd Fl., Stroudsburg)

When: Sat., June 27th, 1:15pm-2:45pm

Where: B.A.R.C.

(1200 Route 390, Room 29, in Cresco)

Call Barbara: (570) 236-3380

Alzheimer's Caregiver Group

When: 2nd Monday of month, 5:30pm

Where: Shawnee Ridge Comm. Center
(200 Jersey Lane in E. Stroudsburg)

Call Jennifer: (570) 517-9292

Bereavement for Adults

When: Misc. Tuesdays, 10:30am-12pm

Where: Hughes Library

(1002 N. 9th Street in Stroudsburg)

Text Ruth: (570) 242-3536

Blindness & Visual Impairment

When: 1st Monday of the month, 10am

Where: Burnley Workshop

(4219 Manor Drive in Stroudsburg)

Call Sights for Hope: (570) 992-7787

Grief Share

When: Varies; call first

Where: Mount Eaton Church

(7277 Mount Eaton Rd. in Saylorsburg)

Call the church: (570) 992-7050

When: Varies; call first

Where: The Church of St. Luke

(818 Main Street in Stroudsburg)

Call the church: (570) 421-9097

When: Thursdays, 5:30pm-6pm

Where: Stroudsburg Wesleyan Church

(915 N. 5th Street in Stroudsburg)

Call the church: (570) 421-0750

Loss Support Group

When: 2nd & 4th Mondays, 3pm-4pm

Where: Friendly Community Center

(1200 Route 390, Room 30, in Cresco)

Call Marilyn: (570) 420-7164 (landline)

Parkinson's Support Group

When: Varies; email first

Where: ESU, Monroe Hall, Room 119

Email Elliott: ecolon5@live.esu.edu

Weekly Programs Offered by the Jewish Resource Center of the Poconos

The Jewish Resource Center of the Poconos is a community center located at 1210 N. 5th Street in Stroudsburg, and they are currently offering the following programs:

Mondays: Nostalgic Recipes, 10am-12pm

Tuesdays: 'Emotional Reset' Workshop,
10:30am-12:30pm

Wednesdays: Board Games, 10am-11am
Chair Zumba, 11am-12pm
Loom Knitting by Merle, 12pm

Thursdays: Chair Yoga, 10:45am-11:45am
The Lunch Club, 12pm-1pm
Mahjong, 1pm-3pm

*Please reserve with Maggie by calling
(570) 517-0815 or by emailing
maggie@poconojrc.org.*

Health & Wellness Calendar for June 2026

All programs are open to the public. For further information on any programs and to make necessary reservations, call (570) 420-3746.

Blood Pressure Screenings

Loder Senior Center: Thurs., June 11th, at 10am
Barrett Senior Center: Mon., June 15th, at 10am
Chestnuthill Senior Center: Wed., June 17th, at 10am
Mountain Senior Center: Tues., June 30th, at 11am
(Screenings will be provided by Rachael Wydra, RN.)

Arthritis Foundation Exercise Class

Instructor: Debbie Lang, Pocono Family YMCA
 Strengthen your muscles and increase your range of motion and flexibility. An ideal class for the first-time exerciser or those who have arthritis.

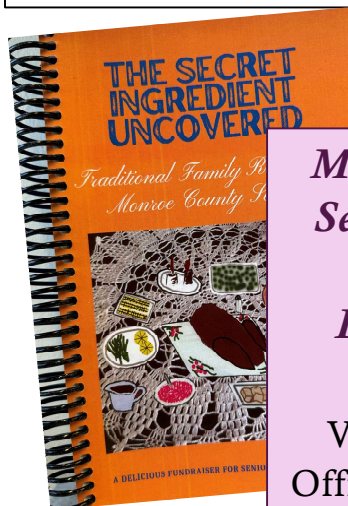
Mountain Senior Center: Tuesdays, 10am-11am
Barrett Senior Center: Wednesdays, 10am-11am
Loder Senior Center: Thursdays, 10am-11am

Pennsylvania Medicare Education and Decision Insight (PA MEDI)

PA MEDI is a State Health Insurance Assistance Program. If you would like an appointment with PA MEDI for your Medicare concerns, please call the Aging Office at (570) 420-3735. Appointments are available at the Loder Senior Center, by telephone, or virtually.

Zumba® Gold - Seated

Instructor: Lisa D'Arrigo, Pocono Family YMCA
 Ideal for individuals with mobility or balance issues, this class features easy-to-follow Zumba® choreography adapted for chair exercise.
Loder Senior Center: Mondays at 10:30am
Mountain, Barrett, & Chestnuthill Senior Centers: every other Friday; refer to activity calendars on Facebook



Monroe County Senior Centers' Cookbook Fundraiser – \$5/each

Visit the Aging Office or the Loder Senior Center to pick up your copy!



Want to Save on Medicare Costs? PA MEDI can help!

If you have limited income and resources, you may qualify for Extra Help and/or Medicare Savings Programs.

Call today!

PA MEDI Helpline 1-800-783-7067
 or your local Area Agency on Aging at (570) 420-3735.



Pennsylvania
Medicare Education and Decision Insight



Department of Aging
Link
 1-800-783-8827

AARP Chapter 633 Poconos

Meets every 3rd Monday at 1pm at the American Legion Post 346, 126 E. 5th Street in East Stroudsburg. Join us for speakers, dancing, trips, and events!

Looking for a volunteer opportunity? Call the Monroe Senior Volunteer Program (MSVP) at (570) 420-3747!



Monroe County Senior Centers

Our senior centers serve a midday meal and offer fun activities. There are opportunities to socialize, health-related classes, exercise programs, crafts, trips, and games—including BINGO!

Throughout the month of June, our senior centers will be hosting various all-center events and excursions. On **June 18th at 12pm**, we will be meeting at the **Mountain Senior Center** to celebrate Father’s Day with an event and entertainment. On **June 26th**, we will be taking a trip to **Country Junction**, departing from the **Chestnuthill Senior Center at 12:30pm**. Loder Senior Center will be closed both days, 6/18 & 6/26.

Jamie Chase from LVHN will be presenting “Staying Steady, Preventing Falls” on the following days/times:

- Loder Senior Center – Friday, June 5th, at 10:30am
- Barrett Senior Center – Wednesday, June 10th, at 10am
- Chestnuthill Senior Center – Friday, June 26th, at 10:30am

To attend center events, participants must be registered members; to sign up, call Mara at (570) 420-3743. Additionally, registration is required two weeks in advance for special events and activities.

To see a more detailed activities calendar, visit our Facebook page. For meal reservations, call one day in advance by 10am (for JRC only, reserve by Sunday for Thursday). **Lunch donation: \$2.50.**

<p>Loder Senior Center 62 Analomink Street East Stroudsburg, PA 18301 (570) 420-3745 Mon.-Fri. 9am-2pm Manager: Mara Cruz Aide: Michele Auster</p>	<p>Mountain Senior Center 354 Memorial Boulevard Tobyhanna, PA 18466 (570) 894-3272 x134 Tues. Thurs. Fri. 9am-2pm Manager: Barbara Schlegel</p>	<p>Barrett Senior Center 1200 Route 390, Room 17 Cresco, PA 18326 (570) 420-3735 Mon. Wed. Fri. 9am-2pm Manager: Joan Marie Hess-Tyminski</p>
<p>Chestnuthill Senior Center 1919 Route 209 Brodheadsville, PA 18322 (570) 242-6770 Wed. & Fri. 9am-2pm Manager: Donna Riedel</p>	<p>The Bookmobile visits the Loder Senior Center every other Thursday at noon! (6/11 & 6/25)</p>	<p>Jewish Resource Center 1210 North 5th Street Stroudsburg, PA 18360 (570) 517-0815 Thursdays 10am-3pm Manager: Maggie Augugliaro</p>

WISH LIST DONATIONS ACCEPTED AT ALL SENIOR CENTERS:

- Acrylic Paints, Adult Coloring Books, Blank Canvases, Glue Guns & Glue Sticks,
- Holiday Decorations, Paperware & Party Goods

Please note: these are the ONLY donations we are accepting at this time. Thank you!



We had a lovely Mother's Day celebration at the Loder Senior Center on 5/8. Kevin McIntyre performed Frank Sinatra songs, and we enjoyed the food and desserts! Our own Michele baked beautiful "lady heel" cupcakes and cookies painted with flowers.



In May, State Representative and Chair of the House Committee on Aging Maureen Madden visited each of the senior centers to showcase the PA CareKit and present about scams – along with an ice cream social!



Sudoku Puzzle Solution

6	2	5	3	1	4	8	9	7
4	9	8	6	7	2	5	1	3
1	7	3	8	5	9	6	2	4
9	1	4	5	3	6	7	8	2
5	8	6	7	2	1	3	4	9
7	3	2	9	4	8	1	5	6
2	6	1	4	8	7	9	3	5
8	5	9	2	6	3	4	7	1
3	4	7	1	9	5	2	6	8

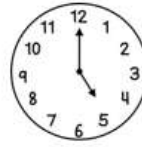
Stroud Mansion Museum and Library – Now Open!

The Monroe County Historical Association celebrated the grand reopening and ribbon cutting of the Stroud Mansion Museum and Library on Friday, May 1st.

“This milestone marks the successful completion of an extensive expansion and restoration project, a feat only made possible through the collective spirit of our community. We are deeply grateful to the generous donors, dedicated volunteers, loyal members, and many friends of the Monroe County Historical Association who contributed their time, talents, and resources to make this vision a reality.

“**The Stroud Mansion Museum and Library is officially open Tuesday through Saturday from 10am to 4pm.** We invite you to explore Monroe County’s rich history through our newly designed museum exhibits and expanded research library.”

The Mansion is located at 900 Main St. in Stroudsburg.



TIMING IS EVERYTHING!

ISN'T IT ABOUT TIME YOU FOUND OUT WHAT THE PA LINK CAN DO FOR YOU?

ARE YOU OVER 60 OR HAVE A DISABILITY OR BOTH?

CONTACT THE PA LINK TO GET CONNECTED TO RESOURCES IN YOUR COMMUNITY.

1-800-753-8827

DON'T WASTE ANOTHER MINUTE! CALL TODAY!



We Need Your Help!

The mission of Support Services for Seniors is to promote the physical, mental, social, and emotional wellbeing of older adults by providing services that empower them to attain or maintain independence and self care.

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THE MONROE COUNTY SENIORS' EXPRESS TIMES is published monthly by Support Services for Seniors and the Monroe County Area Agency on Aging. **Support Services for Seniors** is a 501(c)(3) charitable organization governed by an all-volunteer Board of Directors whose vision is a community where every older adult has an opportunity to pursue a life of independence, safety, and good health. Their mission is to promote the physical, mental, social, and emotional wellbeing of older adults by providing services that empower older adults to attain or maintain independence and self-care. The organization works closely with the **Monroe County Area Agency on Aging** to: investigate and identify the long-range needs of older adults in the Pocono area; develop outreach activities which will inform the Pocono area older adults of available services, benefits, and opportunities; publish and fund the distribution of the Seniors' Express Times, a monthly newsletter with an emphasis on Aging issues; and to raise funds to support the objectives of the organization.

All editorial comments, requests, questions, or articles for submission should be addressed to: **Monroe County Area Agency on Aging, Attn: Alexandra Bender, 724 Phillips Street, Suite 102, Stroudsburg, PA 18360**, or emailed to: abender@monroecountypa.gov.

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