



Loder Senior Center / 570.420.3745

April 2024 Activities Calendar ****Subject to Changes****



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:00 Coffee & Tea 10:30 Chair Zumba w/Lisa 11:30 Lunch Hour 12:00 B-I-N-G-O</p>	<p>2</p> <p>Movie Day at Stroud's Mall Senior discount \$6. 9:00 Coffee & Tea 9:30 Chronic Disease Class w/Laura & Mara 10:30 brunch Hour</p>	<p>3</p> <p>9:00 Coffee & Tea Social 10:30 Table Games 11:30 Lunch Hour 12:30 B-I-N-G-O</p>	<p>4</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class Professor Yan/Communication Studies-Students 11:30 Lunch Hour</p>	<p>5</p> <p>9:00 Coffee & Tea 10:30 Karaoke 11:30 Lunch Hour 12:30 B-I-N-G-O</p>
<p>8</p> <p>9:00 Coffee & Tea 10:30 Chair Zumba w/Lisa 11:30 Lunch Hour 12:00 B-I-N-G-O</p>	<p>9</p> <p>9:00 Coffee & Tea 9:30 Chronic Disease Class w/Laura & Mara 10:30 Craft time 11:30 Lunch Hour</p>	<p>10</p> <p>9:00 Coffee & Tea Social 10:30 Table Games 11:30 Lunch Hour 12:30 B-I-N-G-O</p>	<p>11</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class Professor Yan/Communication Studies-Students 11:30 Lunch Hour</p>	<p>12</p> <p>9:00 Coffee & Tea Social 10:30 Yoga Stretch Video 11:30 Lunch Hour 12:30 B-I-N-G-O</p>
<p>15</p> <p>9:00 Coffee & Tea 10:30 Chair Zumba w/Lisa 11:30 Lunch Hour 12:00 B-I-N-G-O</p>	<p>16</p> <p>9:00 Coffee & Tea 10:30 Craft Time 11:30 Lunch Hour 12:00 B-I-N-G-O!</p>	<p>17</p> <p>9:00 Coffee & Tea Social 10:00 Blood Pressure Screening 10:30 Table Games 11:30 Lunch Hour 12:30 B-I-N-G-O</p>	<p>18</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class Professor Yan/Communication Studies-Students 11:30 Lunch Hour</p>	<p>19</p> <p>9:00 Coffee & Tea 10:30 Karaoke 11:30 Lunch hour 12:00 B-I-N-G-O!</p>
<p>22</p> <p>9:00 Coffee & Tea 10:30 Chair Zumba w/Lisa 11:30 Lunch Hour 12:00 B-I-N-G-O</p>	<p>23</p> <p>9:00 Coffee & Tea 10:30 Word Search 11:30 Lunch Hour B-I-N-G-O!</p>	<p>24</p> <p>9:00 Coffee & Tea Social 10:30 Table Games 11:30 Lunch Hour 12:30 B-I-N-G-O</p>	<p>25</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class Professor Yan/Communication Studies-Students 11:30 Lunch Hour</p>	<p>26</p> <p>9:00 Coffee & Tea 10:30 Chair Dancing Video 11:30 Lunch hour 12:00 B-I-N-G-O!</p>
<p>29</p> <p>9:00 Coffee & Tea 10:30 Chair Zumba w/Lisa 11:30 Lunch Hour 12:00 B-I-N-G-O</p>	<p>30</p> <p>9:00 Coffee & Tea 10:30 Word in a Word 11:30 Lunch Hour 12:00 B-I-N-G-O!</p>			<p>**If the East Stroudsburg School District is CLOSED due to inclement weather, the Loder Senior Center is CLOSED, as well.</p>