


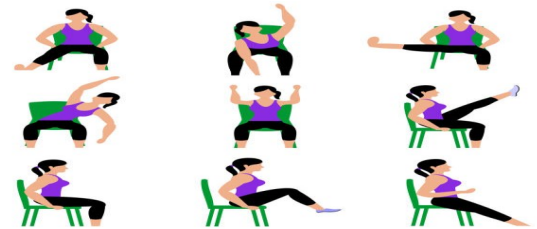




Barrett Senior Center / 570.481.4330 or 570.420.3735

October 2024 Activities Calendar ****Calendar subject to Changes****



| | Monday | Wednesday | Friday |
|---|--|---|--|
| <p>The Barrett Senior Center is open Monday, Wednesday, & Friday from 8AM until 1PM (unless noted otherwise)... Lunch ~ Social Time ~ Card Games ~ Wellness Programs ~ Crafts and B-I-N-G-O! Come join the fun!</p> |  | <p>4</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p> | <p>4</p> <p>9:30 Coffee & Tea 10:00 BINGO! 11:30 Lunch Hour</p> |
| | <p>7</p> <p>9:00 Coffee & Tea 10:00 Craft or Table Game 11:30 Lunch Hour</p> | <p>11</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p> | <p>11</p> <p>9:30 Blood Pressure Screening 10:30 BINGO! 11:30 Lunch Hour</p> |
| |  <p>Center is Closed</p> | <p>18</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p> | <p>18</p> <p>9:30 Coffee & Tea 10-12 Swallow Study with ESU Students and Professor 12:15 Lunch Hour</p> |
| |  <p>21</p> <p>9:00 Coffee & Tea 10:00 Card or Table Game 11:30 Lunch Hour</p> | <p>25</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p> | <p>25</p> <p><u>All Center Meet at Mountain Center</u> 9:30 Coffee & Tea 10:30 Entertainment with Sheila Mark "Halloween Contest" 12:00 Lunch Hour</p> |
| <p>If the Pocono Mountain School District is CLOSED due to inclement weather, the Barrett Senior Center is CLOSED, as well.</p> | <p>28</p> <p>9:00 Coffee & Tea 10:30 Crafts or Table Games 11:30 Lunch Hour</p> | <p>30</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p> |  |