





October 2024 lite Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Cesar Salad Chickpea Pineapple Tidbits Yogurt W.W. Crackers	2 Turkey Salad Coleslaw Banana 2 Slices Bread	3 Chicken Salad Broccoli Salad Diced Pears 2 Slices Bread	4 Tuna Salad Carrot Salad Diced Pears 2 Slices Bread
7 Chicken Breast BLT Red Beets Apple W.W. Roll	8 Italian Pasta Salad Cucumber & Tomato Salad Tangerine Juice	9 Taco Salad Corn & Black Bean Mandarin Oranges Corn Chips	10 Minced Ham Salad Macaroni Sald Orange 2 Slices Bread	11 Garden Salad Hummus & Carrot Sticks Nectarine W.W. Crackers
14 Chef Salad Cottage cheese Tropical Fruit W.W. Crackers	15 Dilled Turkey Salad Potato Salad Apple 2 Slices Bread	16 Cran-Apple Chicken Salad Carrot Raisin Salad Orange 2 Slices Bread	17 Roast Beef & Cheddar Coleslaw Cinnamon Apples 2 Slices Bread	18 Egg Salad Three Bean Salad Sliced Peaches 2 Slices Bread
21 Ham & Swiss Sandwich Potato Salad Pineapple Tidbits 2 Slices Bread	22 Pork & Relish Pea Salad Sliced Peaches W.W. Bun	23 Turkey & Cheese Macaroni Salad Nectarine 2 Slices Bread	24 Chicken Sandwich Broccoli Salad Plum W.W. Bun	25 Spinach Salad Chickpea Salad Fruit Cocktail W.W. Crackers
28 Chicken Salad Broccoli Carrot Slaw Tropical Fruit 2 Slices Bread	29 Turkey Salad Cucumber Salad Nectarine 2 Slices Bread	30 Roast Beef & Cheddar Carrot Raisin Salad Diced Pears 2 Slices Bread	31 Salami & Mozzarella Pea Salad Applesauce 2 Slices Bread	 8 oz. carton of 2% milk is served with lunch