

Loder Senior Center / 570.420.3745 May 2024 Activities Calendar **Subject to Changes**



Monday	Tuesday	Wednesday	Thursday	Friday
**If the East Stroudsburg School District is CLOSED due to inclement weather, the Loder Senior Center is CLOSED, as well.	HAPPY & Nothers Y	9:00 Coffee & Tea Social 10:30 Tai-Chi with Michele 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:30 Brain Teaser 11:30 Lunch hour 12:00 B-I-N-G-O!
9:00 Coffee & Tea 10:30 Chair Zumba with Lisa 11:30 Lunch Hour 12:30 B-I-N-G-O!	7 9:00 Coffee & Tea 10:30 Chair Zumba Video with Daisy Saunders 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea Social 10:30 Tai-Chi with Michele 11:30 Lunch Hour 12:00 B-I-N-G-0!	9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 B-I-N-G-O!	10 Mothers Day Event 9:00 Coffee & Tea 10:00 Blood Pressure Screening 12:00 Entertainment: Elvis
9:00 Coffee & Tea 10:30 Chair Zumba w/Lisa 11:30 Lunch Hour 12:30 B-I-N-G-O!	14 9:00 Coffee & Tea 10:30 Chair Zumba Video With Daisy Saunders 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea Social 10:30 Tai-Chi with Michele 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:30 Card Games 11:30 Lunch hour 12:00 B-I-N-G-O!
9:00 Coffee & Tea 10:30 Chair Zumba with Lisa 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:30 Chair Zumba Video 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea Social 10:30 Tai-Chi with Michele 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 B-I-N-G-O!	10:00 Coffee & Cookies 10:30 Board Games/Puzzles 11:30 Lunch Hour 12:00 B-I-N-G-O!
Center Is Closed Closed	28 9:00 Coffee & Tea 10:30 Chair Zumba Video with Daisy Saunders 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea Social 10:30 Tai-Chi with Michele 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 B-I-N-G-O!	9:00 Coffee & Tea 10:30 Brain Teaser 11:30 Lunch hour 12:00 B-I-N-G-O!